

Lunch Menu ~ Served All Day

~ SALADS ~

Organic Mixed Greens House Made Fig Balsamic Vinaigrette 13.95
Brie, Toasted Pumpkin Seeds, Cranberries, Pears, Baguette
Add Grilled Chicken, Chicken Salad or Tuna Salad 5.95

Chicken Bacon Ranch Salad Fried Chicken Tenders, Bacon, Avocado, Green Leaf, Red Onion,
Tomato, House Made Ranch Dressing 18.95

~ SANDWICHES, ETC ~ Served with Your Choice of Side

French Fries, House Made Potato Chips, Cole Slaw, Cucumber Salad, Organic Mixed Greens
Fresh Fruit or Sweet Potato Fries Add \$2 Bacon Ranch Fries or Onion Rings Add \$3.50

D' Italiano on Italian Parmesan Bun 18.95
Shaved Ham, Pepperoni, Roasted Red Peppers, Pickled Onion, Grilled Mozzarella,
Lettuce, Tomato, Mayo

Sonoran Sandwich or Wrap on Flatbread or Tortilla 18.95
Turkey, Bacon, Avocado, Tomato, Lettuce, Rosemary Mayo, Pesto

Double Decker Grilled Cheese On Carrot Sunflower Bread 16.95
Mozzarella, Swiss, Cheddar, Bacon, Avocado, Tomato

Chicken Salad Sandwich On Focaccia, Pita, or Tortilla Wrap 14.95
Rosemary and Toasted Walnuts, Lettuce, Tomato, Microgreens

Cold Tuna Salad Sandwich on Focaccia, Pita, or Tortilla Wrap 14.95
Wild Caught Albacore, Red Onion, Celery, Relish, Mayo, Lettuce, Tomato, Microgreens

Tuna Melt On Grilled Multi Grain 16.95
Wild Caught Albacore, Cheddar, Avocado, Pickled Onion

Fish Sandwich on Focaccia 14.95
Wild Caught Cod, Tri Color Peppers, Red Onions, Lettuce, House Made Tartar Sauce

Fish and Chips Wild Caught Cod 17.95
Cider Batter Fried Fish, House Made Potato Chips, Cole Slaw, Tartar Sauce (Sub Fries \$2)

Reuben on "Rye" 16.95
Pastrami, Sauerkraut, Swiss, House Made Thousand Island

***Grass Fed Beef Burger** 1/3 Pound, Lettuce, Tomato, Onion, Pickle 14.95
Add Avocado or Cheddar \$1.50 each Green Chiles, Grilled Onion or Microgreens \$1 each

Greek Burger On Pita 18.95
*Grass Fed Beef, Feta Cheese, House Made Tzatziki Sauce, Pickled Red Onion, Tomato, Microgreens

Patty Melt on Parmesan Sourdough 18.95
*Grass Fed Beef, Swiss Cheese, Grilled Red Onions, Green Chiles, Dijon Aioli

Tucson Tuscan on Pretzel Bun 14.95
Turkey, Spinach Artichoke Spread, Roasted Red Peppers, Red Onions

Grilled Ham & Cheese on Ciabatta 14.95
Shaved Ham, Melted Cheddar

Chicken BLT on Pretzel Bun 17.95 Ask to Spice it Up Buffalo Style
Chicken Tenders, Bacon, Lettuce, Tomato, Bleu Cheese Ranch Dressing

Chicken Marinara on Italian Parmesan Bun 16.95
Chicken Tenders, Pesto, Marinara, Grilled Mozzarella, Fried Capers

Chicken Cordon Bleu on Ciabatta 17.95
Chicken Tenders, Shaved Ham, Melted Swiss, Dijon Mayo

Western on Ciabatta 18.95
BBQ Pulled Pork, Bacon, Onion Rings

BBQ Pork on Ciabatta 16.95
BBQ Pulled Pork, Cole Slaw

Chicken Fried Steak Sandwich on Flatbread 17.95
Chicken Fried Steak, Cheddar Cheese, Lettuce, Tomato, Pickles, Mayo